

# SUBS

LEVEL 1	NUALA O'REILLY  SIOBHAN KELLY	JOANNE CASEY  CAROL O'RIORDAN	MARION HEFFERON	AIDEN CORCORAN  EAMON MOORE	GERRY WALSH
LEVEL 2	RICHARD PARFREY	ROBERTA BLAIR After march 14 <sup>th</sup> .	ELIZABETH ROE		
LEVEL 3	MARY CONWAY				
LEVEL 4 & 5	LAURA O'MAHONY	JILL CALLAGHAN	NICKY O'RIORDAN		

A sub can be taken from the subs list or from another team at the same level or lower. The sub should not be better than the player being replaced, and generally speaking men cannot sub for ladies.

